

## RECOGNIZING A STROKE

**Thank God for the sense to remember the '3' steps, STR.  
Read and Learn!**

**Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.**

**Now doctors say a bystander can recognize a stroke by asking three simple questions:**

**S** \*Ask the individual to SMILE.

**T** \*Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently)(I.e. It is sunny out today.)

**R** \*Ask him or her to RAISE BOTH ARMS.

**If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.**